

### General workshop information

<b>Workshop title:</b>	Circular economy and sustainability
<b>Leading organization:</b>	USE - Universidade Sénior de Évora - Portugal
<b>Type (choose)</b>	Face-to-face or online
<b>Intergenerational learning aim</b>	Choose Intergenerational learning basic module
<b>1</b>	Program where seniors act as mentors to juniors.
<b>2</b>	Program where the younger ones transfer their knowledge to the seniors
<b>3</b>	Program in which heterogeneous groups of young and older people work together to improve life in the community
<b>Learning objectives</b>	
<b>For younger generation</b>	<p><b>By the end of the workshop, the junior as learner should be able to:</b></p> <ul style="list-style-type: none"> <li>- know more about circular economy</li> <li>- valorise and appreciate sustainability</li> <li>- how to reuse materials and objects until the end of their life and give them another purpose</li> </ul> <p><b>By the end of the workshop, the junior as mentor should be able to:</b></p> <ul style="list-style-type: none"> <li>- explain and define the bases about circular economy</li> <li>- valorise and appreciate sustainability, know how to start being more sustainable.</li> </ul>
<b>For older generation</b>	<p><b>By the end of the workshop, the senior as learner should be able to:</b></p> <ul style="list-style-type: none"> <li>- know more about new concept of circular economy</li> <li>- valorise and appreciate sustainability</li> </ul> <p><b>By the end of the workshop, the senior as mentor should be able to:</b></p> <ul style="list-style-type: none"> <li>- explain and define the bases about circular economy</li> <li>- how to reuse materials and objects until the end of their life and give them another purpose</li> <li>-</li> </ul>
<b>Topics covered in this workshop</b>	1) Sustainability from the circular economy

<b>Activities</b>	<p>Sustainability and Circular Economy: origin, definition and application</p> <p><b>1. WHAT ARE CIRCULAR ECONOMY? – Brainstorming</b></p> <p>The activity helps participants from different generations create a common ground of values, actions, and emotions connected sustainability and Circular economy.</p> <p>The facilitator creates a brainstorming about what participants think about sustainability and what they understand by circular economy. The facilitator reviews the answers highlighting shared values and ideas.</p> <p><b>2. CIRCULAR ECONOMY</b></p> <p>An urgent concept, the Circular Economy is based on several “Rs”, such as Reduction, Reuse, Recovery, Recycling...</p> <p>The facilitator ask participants to write on a piece of paper what things they do, did, or imagine doing about reuse objects.</p> <p>After giving the participants time to write, the facilitator asks them to share their ideas.</p> <p>The facilitator should encourage participants to share knowledge about reusing objects or giving them a new life.</p> <p><b>3. SMALL GROUPS DISCUSSION</b></p> <p>When the list is completed, the facilitator forms small groups with participants from different generations. Participants should look through ideas mentioned, and in the groups identify and discuss similarities and differences between different ways of looking at the .</p> <p>At the end of the discussion, each small group presents to the group the ideas and experiences collected during the discussion. In this phase, the facilitator helps participants reflect and learn from similarities and differences.</p>
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<b>Methods</b>	<ul style="list-style-type: none"> <li>- group brainstorming</li> <li>- small group discussion</li> </ul>	
<b>Aids</b>	<ul style="list-style-type: none"> <li>-Board</li> <li>-computer</li> </ul>	
<b>Evaluation questions</b>	<ul style="list-style-type: none"> <li>- What did you learn about sustainability and circular economy'</li> <li>- What did you learn about each other during the discussion?</li> <li>- What challenges did you encounter during the activity?</li> </ul>	
<b>Approximate length of the session</b>		<b>Number of learners on register</b>
2 hour workshop		Min 6
<b>Notes about the lessons/classes within the session plan</b>		
<p>Participants of different ages and genders (18 - 55+years)</p> <p>Workshop related to an Erasmus + project Solving the intergenerational puzzle INTER-PUZZLE</p>		