



General workshop information

Workshop title:	Let's talk Holidays!
Leading organization:	EduVita, Italy
Type (choose)	Face-to-face
Intergenerational learning aim	Choose Intergenerational learning basic module
1	Program where seniors act as mentors to juniors.
2	Program where the younger ones transfer their knowledge to the seniors
3	Program in which heterogeneous groups of young and older people work together to improve life in the community
Learning objectives	
For younger generation	<p>By the end of the workshop, the junior as learner should be able to:</p> <ul style="list-style-type: none"> - know more about traditional holidays and how they were celebrated - valorise and appreciate holiday traditions - develop communication skills <p>By the end of the workshop, the junior as mentor should be able to:</p> <ul style="list-style-type: none"> - explain new traditions and values of holidays - explain to seniors how to use digital tools for brainstorming
For older generation	<p>By the end of the workshop, the senior as learner should be able to:</p> <ul style="list-style-type: none"> - develop new perspectives on holiday traditions - improve their digital competencies - Develop their speaking competencies <p>By the end of the workshop, the senior as mentor should be able to:</p> <ul style="list-style-type: none"> - Explain ancient traditions of holidays - Help the younger generation valorise traditional holidays
Topics covered in this workshop	1) Traditional holidays, holiday traditions



Activities

This activity serves as an opportunity for participants to explore different holidays traditions and traditional holidays as well as the ways in which holidays have changed over time. Moreover, participants can reflect on how the same holiday is celebrated in different families, and get to know different holidays across cultures.

1. WHAT ARE HOLIDAYS ABOUT? - Brainstorming

The activity helps participants from different generations create a common ground of values, actions, and emotions connected to celebrating holidays.

The facilitator creates a brainstorming board on Mentimeter with the question “What are Holidays About?”. They share the link with participants and give them 10 minutes to answer. Ideas may include: celebrating, giving gifts, eating, visiting with family, relaxing, etc.

The facilitator reviews the answers highlighting shared values and ideas.

2. HOLIDAY TRADITIONS

The facilitator prepares the board writing different ages: 8 years old, 20 years old, 40 years old, 65+ years old.

They ask participants to write on a piece of paper what things they do, did, or imagine doing during a traditional holiday at different ages written on the board.

After giving the participants time to write, the facilitator asks them to share their ideas, one generation at a time.

When one generation has finished, they draw a line across the bottom of their answers and proceed to get the responses of the other generation.

The facilitator should encourage participants to share these stories but put only notes on the board such as “went caroling.”

3. SMALL GROUPS DISCUSSION

When the list is completed, the facilitator forms small groups with participants from different generations. Participants should look through ideas mentioned, and in the groups



	<p>identify and discuss similarities and differences between different traditional holidays and people from different cultures and generations.</p> <p>At the end of the discussion, each small group presents to the group the ideas and experiences collected during the discussion. In this phase, the facilitator helps participants reflect and learn from similarities and differences.</p>
Methods	<ul style="list-style-type: none"> - group brainstorming -small group discussion
Aids	<ul style="list-style-type: none"> -Board -Mentimeter
Evaluation questions	<ul style="list-style-type: none"> - What did you learn about traditional holidays and holiday traditions? - What did you learn about each other during the discussion? - What challenges did you encounter during the activity?
Approximate length of the session	Number of learners on register
1 hour for each meeting	Min 6 (3 young and 3 senior learners)
Notes about the lessons/classes within the session plan	
<p><u>Class profile</u></p> <p>Does this group have any prior knowledge of the subject?</p> <p>NO</p> <p>Gender: Male / Female / Mixed</p> <p>Age:</p> <p>younger generation: from 18 years old and more</p> <p>older generation: 50 plus</p>	